

Georgia Fastpitch Coaches Association
Coaches Clinic
January 30 2016

8:00 am - 9:00 am	Registration
9:00 am - 9:15 am	Introduction to the GFCFA Board Members
9:15 am - 10:00 am	Drills, Drills, Drills - Hitting Amanda Williams Paz - Kennesaw State
10:00 am - 10:45 am	Practice Organization Tory Acheson - Kennesaw State
10:45 am - 11:00 am	Break
11:00 am - 11:45 am	Coaching Today's Players Demanding not Demeaning Dr. Jack Ilewellyn
11:45 am - 12:30 pm	Situational Coaching - Offense vs. Defense Tony Baldwin - UGA Roger Kinkaid - Georgia State
12:30 pm - 1:00 pm	Drills, Drills Drills - Defense Todd Downes - Georgia State
1:00 pm - 2:00 pm	Lunch - on your own

	Room 1	Room 2
2:00 pm - 2:45 pm	Pitching - Fundamentals Erin Wright - GA Tech	5 things great pitchers do. Cat Hosfield Fritts - Kennesaw State
2:45 pm - 3:30 pm	Hitting - Teaching the Swing Al Thomas - Shorter	5 things great hitters do. Annie Smith - GA Southern
3:30 pm - 3:45 pm	Break	
3:45 pm - 4:30 pm	Throwing - A Skill Tory Acheson - KSU	Slapping - The Short Game Larry Ray - Emory
4:30 pm - 5:15 pm	Building a Better Catcher Audra Thomas	The Total Athlete Nutrition/Flexibility/Hydration Northside - Cherokee Hospital
5:15 pm - 5:45 pm	Break	
5:45 pm - 7:45 pm	Recruiting Seminar Tory Acheson - Kennesaw State Todd Downes - Georgia State Annie Smith - GA Southern	